

Unllais News

Summer 2017 - Issue 1

Unllais is a Mental Health development and training agency that prides itself on 'Putting people at the centre of better lives and services'

We provide support to the Third Sector, Service User and Carer organisations working in the field of Mental Health, Substance Misuse and Wellbeing in North Wales. Unllais seeks to promote good practice in the planning, provision and monitoring of services.

Our range of services are designed to help charities and small organisations to strengthen and develop whilst maintaining their values and aims.

As part of our commitment to keeping the Third Sector up to date and informed we will be producing a quarterly news bulletin with information in it that you need to know.

If you want more information about anything in this bulletin then contact us at office@unllais.co.uk



Change Step and Watkin Jones join together to create a new look for patients garden at the Ablett

Volunteers from Change Step have transformed a garden area at the Ablett Psychiatric Unit within Glan Clwyd Hospital, Bodelwyddan. Bangor based construction firm, Watkin Jones donated £520 to the garden project after Unllais applied for the grant. The donation will be used to purchase new garden furniture from businesses in the local area to help create a tranquil area for the Ablett Unit, their families and the staff. Divisional health and safety lead from the health board and head of the Ablett Unit garden project team Stephen McCabe and Ablett Unit modern matron Tracey Norcross have praised the work of Change Step volunteers who have cleared out the garden space along with planting new flowers and shrubs. Shannon Treadwell, resource co-ordinator from Watkin Jones visited the Ablett Unit to present the funds. Shannon said “We really are delighted to



have been able to support such a worthwhile cause and hope the revamped garden will be an oasis of calm for many years to come. ”

To read the full article and hear what all participants involved had to say including volunteers please contact Unllais by phoning 01745 827903 or via email on office@unllais.co.uk

Unllais and Glyndwr University students launch DVD at Ty Derbyn, Wrexham



Day time TV is being replaced by a short film featuring several mental health services in the Wrexham area. The DVD will run at Ty Derbyn, a community mental health unit at Wrexham Maelor Hospital. Eight Organisations are featured in the DVD giving

information about their services and their contact details. The DVD was created by Glyndwr University TV production and film and photography students through the lottery funded ADOR (A degree of responsibility) along with Independent filmmaker Joey Edwards. The ADOR project supports students into employment by providing opportunities to work on live projects.

People who come to Ty Derbyn are often still very poorly and having day time shows playing while they are waiting for an appointment often does not help. Margaret Hanson, Vice Chair of BCUHB and Debby Land, BCUHBs County Manager for

Wrexham Mental Health services have both congratulated students for putting the DVD together which will provide their patients and their families with important information about services in the area.

Cllr Joan Lowe, Lead member for health and adult social care at Wrexham County Borough Council said “I'm very pleased to see that the important work of mental health organisations in the Wrexham area has been highlighted by the DVD put together by students at Glyndwr University” “Mental health care is an incredibly important area which relies on the support of voluntary organisations and services, and it's good to see them being given their due recognition for all the work they undertake to ensure those dealing with mental health issues do not go unsupported. I also congratulate the students at Glyndwr for the professionalism of their work, which really captured the essence of the work undertaken by a variety of organisations in the Wrexham area.”

For the full article please contact Unllais by phoning 01745 827903 or via email on office@unllais.co.uk or visit the Glyndwr University website.

Putting people at the centre of better lives and services

Welsh Language Commissioner



Comisiynydd y
Gymraeg
Welsh Language
Commissioner

The Welsh Language Commissioner's Health Inquiry 'My Language, My Health' showed that "Welsh language services are needed by some patients who would otherwise face a real risk to their safety and welfare. International research and evidence from mental health service users in Wales emphasises the need to provide psychiatric and therapeutic services that are linguistically appropriate" Using the Welsh language can be of benefit to your organisation. The Welsh Language Commissioner has a team that offers support and advice to third sector organisations on the use of the Welsh language.

An increasing amount of organisations are seeing the commercial benefits from using the Welsh language and evidence shows that marketing and offering bilingual services is a means of increasing the success of campaigns and appeals.

Welsh language standards have now been imposed on some third sector organisations. The standards are a set of legal requirements that set out what services an organisation needs to provide bilingually and ensures that the Welsh language is not treated less favourable than English.

A representative from the Welsh Language Commissioner's Promotion and Facilitation team will be attending the network meetings in Wrexham and Flintshire on the 28 June and Conwy and Denbighshire on the 12 September.

To find out more, please visit: www.comisiynyddygybraeg.cymru/hybu

Or Email: hybu@welshlanguagecommissioner.wales

Updates on the Policing and Crime Act

Temporary Detective Sergeant David Brennan has given an overview of the Bill and how it relates specifically to Mental Health. The Act is expected to come into law at the end of July 2017, earliest.

1. The legislation introduces the notion that before detention under s136 police officers must (where practicable) discuss with a medic, mental health nurse, AMHP or person defined by Secretary of State (already in local policy but strengthened by legislation).

2. The time limits for detention under s135/6 will be reduced to 24 hours initially with the potential for extension by a further 12 hours by the medical practitioner examining the person (in police custody this needs Superintendent agreement) Detention begins at either the point when the person arrives at the place of safety or, if already there, the time at which they were detained. Extension to detention cannot be made due to staffing issues and can only be made in direct relation to the persons presentation e.g. intoxication being a bar to capacitous assessment.

3. Detentions in police custody under s135/6 will only be permissible under 'defined circumstances' – unfortunately these circumstances are yet to be defined by Government but will broadly relate to the detained person being so violent they can't safely be managed at the Section 136 suite.

4. No children or young people under the age of 18 can be detained in a police station as a place of safety under any circumstances.

5. There is a broad introduction of the power to search under s135/6 rather than search being done under s32 of PACE.

Dave Brennan commented—"The challenges locally will be with obtaining the early advice from a medic. It is my view that the term 'where practicable' relates to a person being in such need of detention (issues such as self-harming and violence) and not the availability of such advice. We clearly have some challenges but we are working with health colleagues to get everything in place by 1st May"

North Wales Mental Health Strategy

BCUHB have recently published their mental health strategy called Together for Mental Health in North Wales.

If you wish to see a copy of this, Unllais are able to provide a copy.

If you have any comments on the strategy and wish us to feed your comments back to BCUHB on your behalf then please let us know.

Room Hire

Unllais have two rooms available for hire -

Room 1—Up to 6 people

Room 2—Up to 12 people

For more information please contact the Unllais office.

PQASSO

PQASSO mentors are trained by NCVO in the use of PQASSO and the skills and techniques to support organisations using the system.

Caption
picture

A PQASSO mentor could help your organisation with:

- The PQASSO self-assessment process
- Thinking about setting up working groups in your organisation
 - Providing one-to-one support
- Presenting to your trustees or leadership group
 - Providing on-site training for your staff
- Supporting you through the PQASSO Quality Mark process

Up Coming Training Dates at Unllais in 2017

Course Title	Course Dates
Mental Health Attitudes & Issues	20th July
Recruitment & Selection	13th and 14th September
Advanced Training for Trainers	18th and 25th September
Presentation Skills	18th October
The Meeting Cycle	25th October
Training for Trainers	2nd, 9th, 16th, 23rd, 30th November
Involvement Methodologies	5th December

Unllais have other training available including development and consultancy for organisations and independent external service evaluation.

Details of all courses and costings can be found in the Unllais training brochure. For a copy of the brochure please contact us on

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office@unllais.co.uk



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