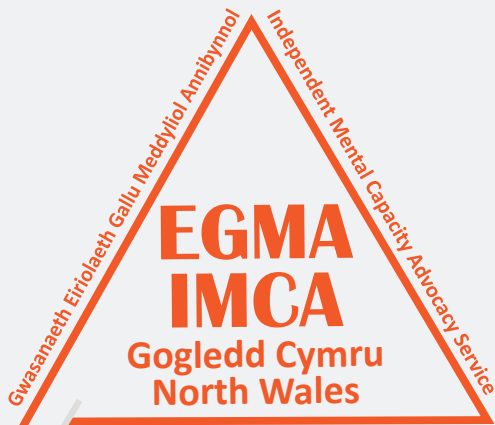


# Independent Mental Capacity Advocate Service (IMCA)



## When is an IMCA needed?

IMCAs help people who lack capacity to make a specific decision at the time it needs to be made, about:

- ▶ Accommodation
- ▶ Serious medical treatment

and have nobody else who is willing or able to represent them, or be consulted, in the process of working out their best interests.

IMCAs may also be involved in other decisions concerning:

- ▶ Safeguarding
- ▶ Care reviews
- ▶ Deprivation of Liberty Safeguards (DoLS)

The IMCA service is independent from the local authority and health care providers.

## What is an IMCA's role?

An IMCA will:

- ▶ Be independent of the person making the decision.
- ▶ Support and represent the person in the decision making process.
- ▶ Find out the person's past and present wishes, feelings and values.
- ▶ Evaluate information, including accessing and copying relevant social and medical records.
- ▶ Evaluate alternative courses of action.
- ▶ Consult with others involved in the person's life.
- ▶ Seek a further medical opinion if necessary.
- ▶ Prepare a report, which the decision maker has a legal duty to consider.
- ▶ Challenge the decision if necessary.

## Deprivation of Liberty Safeguards (DoLS)

DoLS provide legal protection to vulnerable people who lack capacity who are, or may become, deprived of their liberty in a hospital or care home. This means that:

- ▶ If someone is under continuous care, control and supervision, and
- ▶ Is not free to leave ...

you should contact an IMCA.

## Compliments or complaints

The IMCA service values your comments and feedback. Please speak to your advocate or ring one of the numbers above for details of how you can do this.

To find out more about the IMCA service, contact:

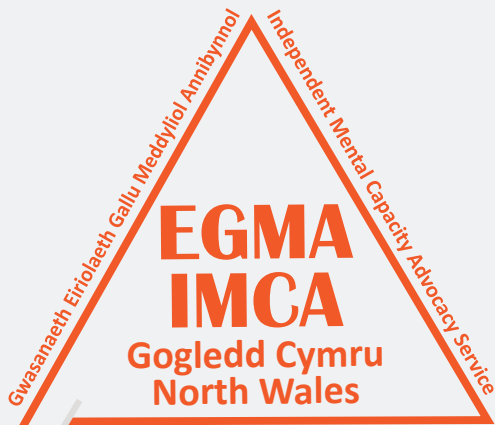
### For Flintshire and Wrexham

Advocacy Service North East Wales  
1 The Podium  
Ambrose Lloyd Centre, New Street  
Mold Flintshire CH7 1NP  
[imca@asnew.org.uk](mailto:imca@asnew.org.uk)  
01352 759175

### For Conwy, Denbighshire, Gwynedd and Ynys Môn

Conwy And Denbighshire  
Mental Health Advocacy Service,  
Suite 3, Carlton Court, St Asaph Business Park  
St Asaph, Denbighshire LL17 0JG  
[admin@cadmhas.co.uk](mailto:admin@cadmhas.co.uk)  
01745 816501

# Gwasanaeth Eiriolwr Galluedd Meddyliol Annibynnol (EGMA)



## Pa bryd y bydd angen EGMA?

Gall EGMA helpu pobl sydd â diffyg galluedd i wneud penderfyniadau penodol ar yr adeg y bydd angen y penderfyniad hwnnw, ynglŷn â:

- ▶ Llety
- ▶ Triniaeth feddygol ddifrifol

a does ganddyn nhw neb arall sy'n fodlon neu'n gallu eu cynrychioli, neu y gellir ymgynghori â nhw, yn y broses o ddod i benderfyniad ynglŷn â'u pennaf lles.

Gall EGMA ymwneud â phenderfyniadau eraill hefyd ynglŷn â:

- ▶ Diogelu
- ▶ Adolygiadau gofal
- ▶ Trefniadau Diogelu rhag Colli Rhyddid (DoLS)

Mae'r gwasanaeth EGMA yn annibynnol ar awdurdodau lleol a darparwyr gofal iechyd.

## Beth yw rôl EGMA?

Fe wnaiff EGMA:

- ▶ Fod yn annibynnol ar y person sy'n gwneud y penderfyniad.
- ▶ Cefnogi a chynrychioli'r person yn y broses o wneud penderfyniadau.
- ▶ Canfod dymuniadau, teimladau a gwerthoedd y person yn y gorffennol a'r presennol.
- ▶ Gwerthuso gwybodaeth, yn cynnwys cael mynediad at gofnodion cymdeithasol a meddygol perthnasol a'u copio.
- ▶ Gwerthuso gwahanol lwybrau gweithredu.
- ▶ Ymgynghori ag eraill sy'n ymwneud â bywyd y person.
- ▶ Ceisio barn feddygol bellach os bydd angen.
- ▶ Paratoi adroddiad y mae gan wneuthurwr y penderfyniad ddyletswydd gyfreithiol i'w ystyried.
- ▶ Herio'r penderfyniad os bydd angen.

## Trefniadau Diogelu rhag Colli Rhyddid (DoLS)

Mae DoLS yn darparu diogelwch cyfreithiol i bobl sy'n agored i niwed ac sydd â diffyg galluedd sydd, neu a allai gael eu hamddifadu o'u rhyddid mewn ysbyty neu gartref gofal. Golyga hynny:

- ▶ Os bydd rhywun yn cael gofal, rheolaeth neu oruchwyliaeth barhaus, ac
- ▶ Nid ydynt yn rhydd i ymadael ...

dylech gysylltu ag EGMA.

## Clod neu gwynion

Mae'r gwasanaeth EGMA yn gwerthfawrogi eich sylwadau a'ch adborth. Siaradwch â'ch eiriolwr neu ffoniwch un o'r rhifau uchod i gael manylion ynglŷn â'r ffordd o wneud hynny.

I gael gwybod mwy am y gwasanaeth EGMA, cysylltwch â:

### Ar gyfer Sir y Fflint a Wrecsam

Gwasanaethau Eiriolaeth Gogledd Ddwyrain Cymru,  
1 Y Podiwm  
Canolfan Ambrose Lloyd, Stryd Newydd  
Yr Wyddgrug, Sir y Fflint CH7 1NP  
[imca@asnew.org.uk](mailto:imca@asnew.org.uk)  
01352 759175

### Ar gyfer Conwy, Sir Ddinbych, Gwynedd ac Ynys Môn

Gwasanaeth Eiriolaeth Iechyd Meddwl  
Conwy a Sir Ddinbych,  
Swit 3, Llys Carlton, Parc Busnes Llanellwy,  
Llanellwy, Sir Ddinbych LL17 0JG  
[admin@cadmhas.co.uk](mailto:admin@cadmhas.co.uk)  
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